



Northwest (Region 10)

ROTAC Rural Opioid
Technical Assistance
Collaborative

Included in this Month's Newsletter

Next Week! June 3rd Webinar: For Our Lives: Addressing the opioid crisis in American Indian/Alaska Native communities. [Registration Required](#)



WEBINAR:

**FOR OUR LIVES:
ADDRESSING THE OPIOID
CRISIS IN AMERICAN
INDIAN/ALASKA NATIVE
COMMUNITIES**

NW ROTAC is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).



June 3rd Webinar: For Our Lives: Addressing the opioid crisis in American Indian/Alaska Native Communities

[Registration Required](#)

Description: For Our Lives and WA Tribal Opioid Solutions are designed to inform and educate Tribal communities and American Indian/Alaska Native (AI/AN) people about

and is funded by the Washington State Health Care Authority (HCA). The campaign is culturally grounded in the voices of Native people and includes information on prevention, treatment, harm reduction, recovery, overdose prevention, and reducing stigma. The campaign is informed by interviews, focus groups, and discussions with Tribes, Urban Indian organizations, the American Indian Health Commission Opioid Response Workgroup, and AI/AN people across Washington. All materials are free.

Presenters: Vicki Lowe is the Executive Director of the American Indian Health Commission. Vicki co-leads the AI/AN opioid response workgroup which provides ongoing guidance to the campaign. Megan Hathaway is a research director with Desautel Hege and has a master's degree in public health communication and marketing from George Washington University. Megan is co-lead in the campaign's development and adapting it for different communities. Lucilla Mendoza is the Behavioral Health Administrator in the Office of Tribal Affairs at the Health Care Authority. Lucy is the lead on this campaign for HCA.

Objectives: by the end of this webinar, participants should be able to:

- Understand why culturally grounded approaches are important.
- Describe the iterative process of the development of the For Our Lives campaign.
- List at least one important message in an opioid response campaign for AI/AN people and communities.

You can earn NAADAC CE credits from this webinar by watching the full live webinar and/or by watching the recording at a time that is convenient for you – instructions are provided [here](#).

If you are working towards certification as a Nationally Certified Addiction Counselor or a Master Addiction Counselor, be sure to take advantage of our partnership with NAADAC. You can now earn NAADAC CE credits by watching our on-demand trainings as well as live trainings.



Our graduate student, Madeline Fodor, represented us at ICADD - the Idaho Conference on Alcohol and Drug Dependency. Many of you stopped by our booth to learn more about how we support communities!



COMMUNITY CONVERSATIONS FACILITATOR TRAININGS

■ This will be a 1.5 hour virtual training with time allotted for Q&A and workshopping ideas at the end.

Community Conversations Facilitator Trainings

Learn to Facilitate Community Conversations!

The NW ROTAC team provides training to future facilitators on how to adapt and deliver SAMHSA's *Community Conversations About Mental Health*, a best practice toolkit that supports community collaboration for addressing mental health needs. This training will equip participants with the skills necessary to lead discussion and action planning on mental health, opioid use, and substance use. Participants will also gain skills in convening diverse partners to engage in challenging conversations.

Anyone interested in convening these conversations in their local communities is welcome to attend. This can include, but is not limited to, Extension, public health, behavioral health, or school-based professionals, representatives from community-based organizations, traditional health workers, or other community stakeholders.

To schedule a training with your team contact Abbey Martin

Abbey.Martin@oregonstate.edu



Dr. Lisa Rey Thomas attended the NAADAC Regional Conference on Indigenous Peoples. She was able to take part in the Alaska Blanket Exercise Workshop: Healing Through Indigenous Storytelling. "The Alaska Blanket Exercise program is a participatory history lesson – developed in collaboration with Alaska Native Elders, knowledge keepers and educators – that fosters truth, understanding, respect, and reconciliation among Indigenous and non-indigenous peoples." Learn more about the Alaska Blanket Exercise [here](#).



UPCOMING OPPORTUNITIES AND RESOURCES



- Looking for more TTA? View the [Mental Health Technology Transfer Center Network Calendar](#)
 - The MHTTC is hosting a webinar titled, "Partnering for Change: Seeking Field Instructors & Sites for Social Work Practicum". You can register for their upcoming webinar [here](#).
- All previous monthly webinars are hosted on the [NW ROTAC Website](#)
- Upcoming webinar hosted by Temple University
 - Breaking Down Barriers: Fostering Community Inclusion in Rural Communities for Individuals with Serious Mental Illness
 - Thursday, June 6th from 2 - 3:15pm ET
 - [Registration Required](#)

ROTAC Annual Report Released

You can view the 2022 - 2023 ROTAC Annual Report on our website to read about our accomplishments and future goals.

[Northwest Rural Opioid Technical Assistance Collaborative](#)

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