



Northwest (Region 10)

ROTA C Rural Opioid Technical Assistance Collaborative
Funded by Substance Abuse and Mental Health Services Administration



Northwest (Region 10)

ROTA C

Included in this Month's Newsletter

February 28th: Webinar: Facilitating SAMHSA's Community Conversations About Mental Health in rural and remote communities. Registration Required: <https://www.nwrotac.org/upcoming-trainings>

Mental Health First Aid. Develop skills to identify, understand, and respond to signs of mental health and substance use challenges among adults in this 8-hour, virtual training. Contact us to schedule a training.

Community Conversations Facilitator Trainings. Email Abbey Martin to schedule a training: abbey.martin@oregonstate.edu Learn how to facilitate community-led action planning for mental health and substance use by adapting and delivering SAMHSA's Community Conversations About Mental Health toolkit.

MOUD Research Study. See the flyer below to learn more.

WEBINAR:**FACILITATING SAMHSA'S COMMUNITY CONVERSATIONS ABOUT MENTAL HEALTH IN RURAL AND REMOTE COMMUNITIES**

NW ROTAC is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and led by faculty from the Washington State University College of Agricultural, Human, Natural Resource Sciences, the Elson S. Floyd College of Medicine, the College of Nursing, and Extension and Oregon State University Center for Health Innovation.

WEDNESDAY, FEBRUARY 28TH

12:00 PM**REGISTRATION REQUIRED**<https://wsu.zoom.us/joinHNNC0QVXVuXbcPdPTpwhPRMX#/registration>

February 28th Webinar: Facilitating SAMHSA's Community Conversations About Mental Health in rural and remote communities

[Registration Required](#)

Description: Oregon State University's Coast to Forest program has supported multiple rural counties in setting local policy priorities by adapting SAMHSA's Community Conversations About Mental Health, a best practice toolkit that supports community collaboration for addressing mental health needs. This presentation will equip participants with the skills to adapt and deliver SAMHSA's best practice framework for leading discussion and action planning on mental health, opioid use, and substance use broadly. Participants will also gain skills in convening diverse partners to engage in challenging conversations.

Objectives: by the end of this presentation, participants should be able to:

- Describe an adaptation of SAMHSA's Community Conversations About Mental Health in rural and remote communities.
- Discuss necessary skills to replicate our adaptation, including specific guidance on tailoring and delivery.

Presenters:

- Abbey Kate Martin, MPH. Abbey received her MPH in health promotion and health behavior in 2020 after earning her bachelor's degree in entrepreneurship in 2018, both from Oregon State University. She has significant experience in group facilitation, program implementation, and collaborating with community partners to

Center for Health Innovation. In this role, she implements the Coast to Forest project which aims to promote mental health and prevent substance use across Oregon and the region (OR, WA, ID, AK) as part of the NW Rural Opioid Technical Assistance Collaborative (NW ROTAC).



CURRENTLY OFFERING:

COMMUNITY CONVERSATIONS FACILITATOR TRAININGS

This will be a 1.5 hour virtual training with time allotted for Q&A and workshopping ideas at the end.

Community Conversations Facilitator Trainings

Learn to Facilitate Community Conversations!

The NW ROTAC team provides training to future facilitators on how to adapt and deliver SAMHSA's *Community Conversations About Mental Health*, a best practice toolkit that supports community collaboration for addressing mental health needs. This training will equip participants with the skills necessary to lead discussion and action planning on mental health, opioid use, and substance use. Participants will also gain skills in convening diverse partners to engage in challenging conversations.

Anyone interested in convening these conversations in their local communities is welcome to attend. This can include, but is not limited to, Extension, public health, behavioral health, or school-based professionals, representatives from community-based organizations, traditional health workers, or other community stakeholders.

To schedule a training with your team contact **Abbey Martin**

Abbey.Martin@oregonstate.edu



NOW OFFERING:

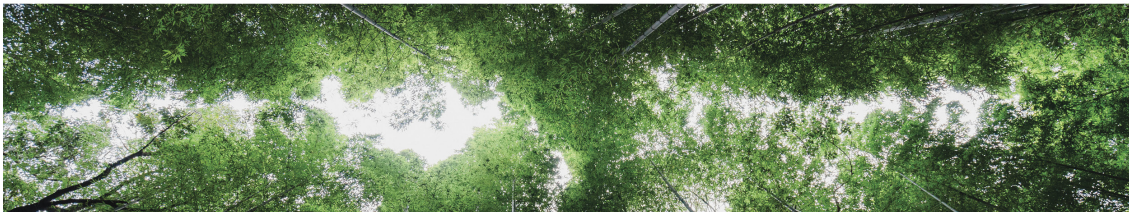
MENTAL HEALTH FIRST AID TRAININGS

If your team would like to schedule a Mental Health First Aid Training, please contact Abbey Martin.

Abbey Martin - Abbey.Martin@oregonstate.edu



UPCOMING OPPORTUNITIES AND RESOURCES



- Looking for more TTA? View the [Mental Health Technology Transfer Center Network Calendar](#)
- All previous monthly webinars are hosted on the [NW ROTAC Website](#)
- Webinar: Youth Substance Use Prevention + Harm Reduction on February 13th from 3-4pm PT. Presented by the University of Washington. [Register here.](#)

[ROTAC Annual Report Released](#)

Subscribe

Past Issues

You can view the 2022 - 2023 ROTAC Annual Report on our website to read about our accomplishments and future goals

Translate ▼

[Northwest Rural Opioid Technical Assistance Collaborative](#)

Copyright © 2024 Washington State University, All rights reserved.

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).



Copyright © 2024 Washington State University, All rights reserved.

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

