



Northwest (Region 10)

**ROTA C** Rural Opioid Technical Assistance Collaborative  
Funded by Substance Abuse and Mental Health Services Administration

## Join us at NW ROTAC Events!

WSU's [CROP+TR](#) and OSU's [Coast to Forest](#) are collaborating on the [Northwest Rural Opioid Technical Assistance Collaborative](#).



# ROTA C

**September 26th: Using CRAFT with families of people who use drugs**

**Webinar.** *Alternatives to confrontation and detachment. Registration*

*Required: <https://www.nwrotac.org/upcoming-trainings>*

**October 13th: Collegiate Recovery Supports Webinar.** *Students do not have to choose between their recovery and their education. Registration*

*Required: <https://www.nwrotac.org/upcoming-trainings>*

**Ongoing: Mental Health First Aid.** *Develop skills to identify, understand, and respond to signs of mental health and substance use challenges among adults in this 8-hour, virtual training. Contact us to schedule a training.*

**Coming Soon: Community Conversations Facilitator Trainings.** *Learn how to facilitate community-led action planning for mental health and substance use by adapting and delivering SAMHSA's Community Conversations About Mental Health toolkit.*

**Learn more about each of these events and register below!**



*This program is funded by the Substance Abuse and Mental Health Services Administration*



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## Webinar: Using CRAFT with Families of People Who Use Drugs

SEPTEMBER 26, 2023 AT 12:00 PM

Register at [www.nwrotac.org/upcoming-trainings](http://www.nwrotac.org/upcoming-trainings)

# September 26th Webinar: Using CRAFT with Families of People Who Use Drugs

**Title:** Using CRAFT with Families of People Who Use Drugs: Alternatives to confrontation and detachment

**Presenter:** Lara Okoloko, MSW, LICSW

**Description:** Be introduced to Community Reinforcement and Family Training, a counseling method for the loved ones of people who are refusing treatment for their substance use problem. Learn about how CRAFT can increase treatment engagement for the person with SUD and decrease distress in the loved ones who are worried about them.

**Objectives:** by the end of this presentation, participants should be able to:

1. Summarize the goals of CRAFT for families and how it is implemented
2. Describe the research basis for CRAFT

**Registration Required:** [https://wsu.zoom.us/webinar/register/WN\\_5jdew8QpSw-HJys279rJaA](https://wsu.zoom.us/webinar/register/WN_5jdew8QpSw-HJys279rJaA)

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## Collegiate Recovery Supports Webinar

OCTOBER 13, 2023 AT 12:00 PM

Register at [www.nwrotac.org/upcoming-trainings](http://www.nwrotac.org/upcoming-trainings)

## October 13th Webinar: Collegiate Recovery Supports

**Title:** Collegiate Recovery Supports: Students do not have to choose between their recovery and their education

**Presenters:**

- Patricia Maarhuis, PhD: [SWCRSI PI](#), WSU Recovery Support Services Coordinator.
- Aaron Kirk, MSW, Grant Navigation Coordinator, Skagit Valley College
- Sandy Jordon, EdM, Title IX Coordinator and Student Wellness, Skagit Valley College
- Corinna Lozano, Business Management student, Skagit Valley College

**Description:** What would it look like if a college campus was a welcoming environment for students in recovery? This presentation will describe efforts in Washington State to provide higher education opportunities alongside recovery supports. Staff and students from Skagit Valley College will present on the needs of justice involved students in recovery as well as the administration of pragmatic and effective supports at a 2-year college campus in a rural environment.

**Objectives:** by the end of this collegiate recovery support service (CRSS) presentation, participants should be able to:

- Describe CRSS development in the State of Washington
- Understand the administration of pragmatic and effective CRSS at a 2-year college campus in a rural environment.
- Describe the needs and recovery practice of justice involved students in recovery through the lens of recovery capital development.

**Registration Required:**

[https://wsu.zoom.us/webinar/register/WN\\_GWp3A53jRiuHLPRI5bfgqw#/registration](https://wsu.zoom.us/webinar/register/WN_GWp3A53jRiuHLPRI5bfgqw#/registration)

**SAMHSA has issued a new practical guide on Connecting Communities to Substance Use Services: Practical Approaches for First Responders.**

When first responders (law enforcement, fire, and EMS) encounter people who use drugs (PWUD), they have an opportunity to connect individuals to a variety of different substance use services depending on their needs. This resource document provides practical, evidence-based information for first responder agencies and their partners on implementing programs that can facilitate access to harm reduction, treatment, and ancillary supports and services. It presents relevant strategies and public health approaches, resources and program models, and potential challenges and other important factors to consider when implementing approaches to support PWUD. In addition to first responder agencies and communities, organizations that may benefit from this resource include those seeking to collaborate with first responders, such as substance use treatment providers, local health departments, hospitals, peer and recovery support organizations, harm reduction coalitions, and other community partners.

You may access the guide at: <https://www.samhsa.gov/resource/ebp/connecting-communities-substance-use-services-practical-tools-for-first-responders>

**COMING FALL 2023:**

## **COMMUNITY CONVERSATIONS FACILITATOR TRAININGS**

This will be an 1.5 hour virtual training with time allotted for Q&A and workshopping ideas at the end.



### **Community Conversations Facilitator Trainings**

This summer, the NW ROTAC team will be training future facilitators on how to adapt and deliver SAMHSA's *Community Conversations About Mental Health*, a best practice toolkit that supports community collaboration for addressing mental health needs. This training will equip participants with the skills necessary to lead discussion and action planning on mental health, opioid use, and substance use. Participants will also gain skills in convening diverse partners to engage in challenging conversations.

Anyone interested in convening these conversations in their local communities is welcome to attend. This can include, but is not limited to, Extension, public health, behavioral health, or school-based professionals, representatives from community-based organizations, traditional health workers, or other community stakeholders.

**To schedule a training with your team contact Abbey Martin**

[Abbey.Martin@oregonstate.edu](mailto:Abbey.Martin@oregonstate.edu)

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### **Mental Health First Aid Trainings**

If your team would like to schedule a Mental Health First Aid Training, please contact Abbey Martin.

Abbey Martin - [Abbey.Martin@oregonstate.edu](mailto:Abbey.Martin@oregonstate.edu)

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### **Request Specific TTA or Collaborate**

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